

8th Annual National Peer Program Conference

February 8 - 9, 2018
Perdido Beach Resort
Orange Beach, AL

One grain of sand is small on its own, but together,
they move the world.



Presented by

The Jennifer Claire Moore Foundation

AGENDA

Wednesday, February 7, 2018

7:00 – 8:30 pm **Early Registration & Exhibitor Set-Up | Convention Center Foyer - Lobby Level**
Break-Out Sessions will be selected during on-site registration.

Thursday, February 8, 2018

6:00 – 8:15 am **Breakfast for hotel guests | Latitude 30** *(use voucher from registration packet)*

7:00 – 8:15 am **Registration & Exhibitors Open | Convention Center Foyer - Lobby Level**
Break-Out Sessions will be selected during on-site registration.

8:30 – 9:45 am **Break-Out Sessions:**

Extended Family: Program for Children of Incarcerated | Laure Clemmons & Jerry Clemmons | Salon C

In every community, there are children facing social stigma, academic challenges, and economic hardship because they have a loved one incarcerated. This session provides creative, evidence-based solutions for helping children of the incarcerated successfully walk through their challenges.

Hot Topics & Gossip Surrounding Sexuality in Adolescents | Charlie Morris | Salons DE

*This session will explore and define hot topics regarding sexuality in today's adolescents. Discussion will be held regarding teenage gossip, promiscuity, transgender issues, rape/sexual assault, and youth who have a registered sex offender status. Discussion will include the role technology plays in adolescent sexuality. Lastly, discussion will include practical ways to encourage positive sexual expression and healthy sexual activities. **NBCC Approval #SP-2978***

Initial Peer Helper Portal Training for Baldwin County | Meredith Miller | Salons FG

In this informative and interactive session, participants will receive training on the collaborative group tool housed in the Peer Helper Portal online resource. Session for Baldwin County Peer Helper Programs that have not had the Peer Helper Portal Training.

CARE: Child-Adult Relationship Enhancement | Dr. Madeleine Blancher | Salons AB

This session will cover communication skills with children and what they are communicating with their behavior. Child-Adult Relationship Enhancement (CARE) is a trauma-informed modification of specific PCIT skills for general usage by non-clinical adults who interact with traumatized children and their caregivers within various milieu settings.

9:45 – 10:00 am **Coffee Break | Foyer DE**

10:00 – 11:15 am Break-Out Sessions:

Diving Deeper into the Peer Helper Portal | Meredith Miller | Salons FG

In this informative and interactive session, participants will discuss the collaborative group tool housed in the Peer Helper Portal online resource. They will actively work to increase the use of the events and documents in which they currently have available. Coordinators will also ask questions and share ideas of their Wish List items for the Peer Helper Portal. Session Recommended for Programs who already have access to the Peer Helper Portal.

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11:15 – 11:45 am Exhibitors Open

11:30 – 12:15 pm Plated Lunch | Salons DE

12:15 – 1:45 pm *Key Note with Lance Dyer "Empty Spaces" | Salons DE*

***Sharing a personal testimony of losing his son to drugs. What lead up to the passing of Dakota.
How he found out what contributed to his death.***

***What to advise parents of when suspecting Synthetic Drugs in a death or hospitalization,
and the beginning of the mission to bring awareness to youth concerning Synthetic Drugs.***

2:00 – 3:15 pm Break-Out Sessions:

Hot Topics & Gossip Surrounding Sexuality in Adolescents | Charlie Morris | Salons DE

This session will explore and define hot topics regarding sexuality in today's adolescents. Discussion will be held regarding teenage gossip, promiscuity, transgender issues, rape/sexual assault, and youth who have a registered sex offender status. Discussion will include the role technology plays in adolescent sexuality. Lastly, discussion will include practical ways to encourage positive sexual expression and healthy sexual activities. NBCC Approval #SP-2978

Confident Me! DOVE Self-Esteem Project | Jan Gay | Salons AB

This session will bring awareness and education to the free program for any school counselor, school social worker, and educator interested in using it. Attendees will participate in engaging activities to learn more about the program, support around implementing it in their school community, and incentives for participation. NBCC Approval #SP-2978

"Syncans" Past, Present and Future | Lance Dyer | Salon C

Overview of how synthetic drugs have progressed since 2011 and what to expect. A brief guideline on how to educate youth and young adults concerning these drugs. How to use Peer Pressure as a positive tool in creating a drug free environment.

Taking Your Peer Helper Program to the Next Level | Julie Champion | Salons FG

An overview of the curriculum and resources now available through the JCMF's partner ThriveWay. Having access to the same resources as all the Baldwin County, AL Programs. A digital platform for program data to show they great work your students are doing to support their fellow peers. Preview the current curriculum and the ease of access the Portal provides. Session Recommended for Programs who are interested in the curriculum and tools available through ThriveWay. NBCC Approval #SP-2978

3:15 – 3:30 pm Coffee Break | Foyer CD

3:30 – 4:15 pm Break-Out Sessions:

Social & Behavioral Struggles in...

These interactive discussions will cover the common questions about implementing a Peer Helper program at various school levels. This session will cover the social issues which commonly lead to at-risk behaviors among youth. Participants will be guided through various techniques in which have been proven successful while utilizing Peer Helper students as part of the solution. NBCC Approval #SP-2978

Lower Elementary | Jennifer Knight & Lana Mallett | Salons AB

Upper Elementary | Rebecca Winberg & Lyle Cooper | Salons DE

Middle School | Amanda Blake, Kathryn Doyle & Chelsey Bowling | Salon C

High School | Brittany Faison & Julie Champion | Salons FG

**** Attendee Appreciation Social is TONIGHT at 7pm in Suite 8014 ****
Attire is casual. Come relax and enjoy some light refreshments!

Friday, February 9, 2018

6:00 – 8:15 am Breakfast for hotel guests | Latitude 30 (use voucher from registration packet)

7:00 – 8:15 am Registration & Exhibitors Open | Convention Center Foyer - Lobby Level

8:30 – 9:45 am Break-Out Sessions:

JCMF Primary Level Peer Helper Programs, Baldwin County | Allison Faircloth | Salons DE

The session is designed specifically for Elementary and Intermediate Peer Helper Programs funded and supported by the Jennifer Claire Moore Foundation. During this collaborative session, program progress and goals will be discussed.

Stop That! Understanding & Teaching Social Skills to Children and Adolescents | Charlie Morris | Salons FG

This session will explore various topics related to social skills with youth. Discussion will be held regarding different types of social skills, understanding why some youth struggle to show them and why some kids continue to struggle even after they've been taught. Participants will be given suggestions for teaching social skills to large and small groups and how to teach these skills with a limited financial backing. NBCC Approval #SP-2978

Mutt-i-grees: Transforming Our Schools & Communities! | Deborah Swink | Salon C

Mutt-i-grees is a social emotional learning curriculum which utilizes shelter animals to teach students the important concepts of empathy, and using humane education to teach students all across the nation. Presenters will discuss the organization of the curriculum, the evidence-base which drives Mutt-i-grees and the activities which takes place beyond the curriculum.

Stress, Anxiety & Coping Skills | Dr. Katie Penry | Salons AB

This presentation will highlight what stress does to the youth brain, the long-term effects of stress and anxiety on youth development both mentally and physically, and provide techniques/tools in which Peer Helper Program Coordinators can share with Peer Helpers and other students.

9:45 – 10:00 am Coffee Break | Foyer DE

Please Take Time to Visit the Exhibitor Booths Throughout the Day!

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Motivational Interviewing | Robin Snider | Salon C

This session is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion.

11:15 – 11:45 am Exhibitors Open

11:30 – 12:15 pm Plated Lunch | Salons DE

12:15 – 1:45 pm *Key Note with Travis Crim "The Ladder" | Salons DE*

At the end of the day, we all want to matter. We want to matter to others, to the world we live in, we ultimately want to leave a mark. Otherwise, what's the point of life? Therein lies the challenge... to live a life of significance and purpose.

2:00 – 3:15 pm Break-Out Sessions:

Mutt-i-grees: Transforming Our Schools & Communities! | Deborah Swink | Salons AB

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JCMF Secondary Level Peer Helper Programs, Baldwin County | Allison Faircloth | Salons DE

The session is designed specifically for Middle and High Peer Helper Programs funded and supported by the Jennifer Claire Moore Foundation. During this collaborative session, program progress and goals will be discussed.

Motivational Interviewing | Robin Snider | Salons FG

This session is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion.

Special Thanks to our Exhibitors & Conference Sponsors!

Conference Exhibitors:

**Bayside Behavioral Health Center | Dove Self-Esteem Project | Extended Family
FOCUS | ThriveWay | Youthlight, Inc.**

Conference Sponsors:

COX FAMILY
FOUNDATION

SOUTH BALDWIN
REGIONAL MEDICAL CENTER

Speakers and topic descriptions are subject to change